

take refuge in you from the evil of this day and the evil of what follows it. My Lord I take refuge in You from laziness and senility. My Lord I take refuge in You from the torment in the fire and punishment in the grave’.

**If it's in the evening say: We have reached the evening:**

"أَمْسَيْنَا وَأَمْسَى الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ، ..."

‘We have reached the evening and at this very time unto Allah belongs all sovereignty, ...’.

**Once in the morning:**

"اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ"

‘O Allah, by Your leave we have reached the morning and by Your leave we have reached the evening, by Your leave we live and by Your leave we die, and unto You is the Resurrection’.

**Once in the evening:**

"اللَّهُمَّ بِكَ أَمْسَيْنَا وَبِكَ أَصْبَحْنَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَإِلَيْكَ الْمَصِيرُ"

‘O Allah, by Your leave we have reached the evening and by Your leave we have reached the morning, by Your leave we live and by Your leave we die, and unto You is the our return’.

**Three times whenever stopping or lodging somewhere,**  
(nothing will harm him until he leaves the place).

"أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ"

‘I take refuge in Allah’s perfect words from the evil of that which He has created’.

## REMEMBRANCE AFTER OBLIGATORY PRAYERS

‘I ask Allah for forgiveness’ 3 times "أَسْتَغْفِرُ اللَّهَ"

"اللَّهُمَّ أَنْتَ السَّلَامُ، وَمِنْكَ السَّلَامُ، تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، اللَّهُمَّ لَا مَانِعَ لِمَا أَعْطَيْتَ وَلَا مُعْطِيَ لِمَا مَنَعْتَ وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ"

‘O Allah, You are *As-Salaam* and from You is all peace. Blessed are You, O possessor of Majesty and Honour. None has the right to be worshipped except Allah alone. He has no partner. To Him belongs all Sovereignty and Praise and He is Omnipotent over all things. O Allah, none can prevent what You have willed to bestow, and none can bestow what You have willed to prevent, and no wealth or majesty can benefit anyone, as from You is all Wealth and Majesty’.

"لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ، لَا إِلَهَ إِلَّا اللَّهُ، وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، لَهُ الثَّغْمَةُ وَلَهُ الْفَضْلُ وَلَهُ الشَّاءُ الْحَسَنُ، لَا إِلَهَ إِلَّا اللَّهُ مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ"

‘None has the right to be worshipped except Allah, alone, with no partner. To Him belongs all Sovereignty and Praise and He is over all things Omnipotent. There is no might or power except with Allah and we worship none except Him. For Him is all Favour, Grace and Glorious Praise. None has the right to be worshipped except Allah and we are sincere in faith and devotion to Him although the disbelievers detest it!’.

How perfect is Allah (33 times) "سُبْحَانَ اللَّهِ"  
All praise is for Allah (33 times) "الْحَمْدُ لِلَّهِ"  
Allah is the Greatest (33 times) "اللَّهُ أَكْبَرُ"

**Make it a hundred by adding:**

"لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ"  
‘None has the right to be worshipped except Allah, alone, with no partner. To Him belongs all Sovereignty and Praise, and He is over all things Omnipotent!’.

‘Whoever recites this after each prayer will have all his sins forgiven, even if they are as many as there is foam on the sea’.

**Then recite Aayat-ul-Kursi:**

"إِنَّ اللَّهَ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ... ﴿سورة البقرة ٢٥٥﴾"

Whoever says this after every prayer, nothing will stop him from entering Paradise except death.

**Once after each obligatory prayer, except after Fajr and Maghrib prayer when one recites them three times:**

"قُلْ هُوَ اللَّهُ أَحَدٌ ... ﴿قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ...﴾ ﴿قُلْ أَعُوذُ بِرَبِّ النَّاسِ ...﴾"

**Ten times after Fajr and Maghrib prayer:**

"لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ"

‘None has the right to be worshipped except Allah, alone, with no partner. To Him belongs all Sovereignty and Praise, He gives life and causes death and He is over all things Omnipotent!’.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Allah Ta'aalaa said:

﴿فَاذْكُرُونِي أَذْكُرْكُمْ وَاشْكُرُوا لِي وَلَا تَكْفُرُونَ﴾ سورة البقرة ١٥٢

«Therefore remember Me, I will remember you and be grateful to Me, and reject not faith».

**GIFT**

**MUSLIM'S DAILY ADHKAAR**

أَذْكَارُ الْمُسْلِمِ الْيَوْمِيَّةُ بِاللُّغَةِ الْإِنْجَلِيزِيَّةِ



## REMEMBRANCE FOR MORNING AND EVENING

**Aayatul-Kursi: Read once in the morning, evening and before going to bed,** (you'll be protected from the shaytaan)

«اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ» سورة البقرة ٢٥٥

«Allah! None has the right to be worshipped but He, the Ever-living, the One Who sustains and protects all that exists. Neither slumber nor sleep overtakes Him. To Him belongs whatever is in the heavens and whatever is on the Earth. Who is he that can intercede with Him except with His permission? He knows what happens to them in this world and what will happen to them in the hereafter. And they will never compass anything of His knowledge except that which He wills. His *Kursi* extends over the heavens and the earth. And He feels no fatigue in guarding and preserving them. And he is the Most High, the Most Great» (Al-Baqarah 2:255)

**Recite 3 times each in the morning and evening:**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

«قُلْ هُوَ اللَّهُ أَحَدٌ (١) اللَّهُ الصَّمَدُ (٢) لَمْ يَلِدْ وَلَمْ يُولَدْ (٣) وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ (٤)»

In the Name of Allah the Most Gracious, the Most Merciful.  
1. Say, «He is Allah, (who is) One, 2. Allah the self Sufficient Master. 3. He begets not, nor was He begotten,

4. And there is none co-equal or comparable unto Him».

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

«قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ (١) مِنْ شَرِّ مَا خَلَقَ (٢) وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ (٣) وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ (٤) وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ (٥)»

1. Say, «I seek refuge with (Allah), the Lord of the daybreak, 2. From the evil of what He has created, 3. And from the evil of darkening (night) as it comes with its darkness, 4. And from the evil of those who practice witchcraft when they blow in the knots, 5. And from the evil of the envier when he envies».

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

«قُلْ أَعُوذُ بِرَبِّ النَّاسِ (١) مَلِكِ النَّاسِ (٢) إِلَهِ النَّاسِ (٣) مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ (٤) الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ (٥) مِنَ الْغِيَةِ وَالنَّاسِ (٦)»

1. Say, «I seek refuge with the Lord of mankind, 2. The King of mankind, 3. The God of mankind, 4. From the evil of the retreating whisperer (a devil) 5. Who whispers (evil) into the breasts of mankind 6. From among the jinn and mankind».

**Whoever says it faithfully in the evening and dies before fajr enters paradise and also whoever says it in the morning:**

«اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا عَبْدُكَ وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتَ أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ لَكَ بِذُنُوبِي فَاعْفُرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ»

‘O Allah, You are my Lord. None has the right to be

worshipped except You, You created me and I am Your servant and I abide to Your covenant and promise as best as I can. I take refuge in You from the evil of which I have committed. I acknowledge your favours upon me, and I acknowledge my sin; So forgive me, for verily, none can forgive sins except You’.

**Once in the morning and evening:**

«اللَّهُمَّ عَالَمُ الْغَيْبِ وَالشَّهَادَةِ فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ، رَبَّ كُلِّ شَيْءٍ وَمَلِيكُهُ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي، وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهِ، وَأَنْ أَتَقَرَّبَ إِلَى نَفْسِي سَوْءًا، أَوْ أَجْرُهُ إِلَى مُسْلِمٍ»

‘O Allah, Knower of the unseen and the seen, Creator of the heavens and the earths, Lord and Sovereign of all things, I bear witness that none has the right to be worshipped except You. I take refuge in You from the evil of my soul and the evil and *shirk* of the Satan and from committing wrong against my soul or bringing such upon another Muslim’.

**Three times in the morning and evening:**

«رَضِيتُ بِاللَّهِ رَبًّا، وَبِالْإِسْلَامِ دِينًا، وَبِمُحَمَّدٍ ﷺ نَبِيًّا»

‘I am pleased with Allah as a Lord, Islam as a religion and Muhammad as a Prophet’.

**Three times in the morning and evening:**

«بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّهُ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ»  
‘In the name of Allah, with Whose Name nothing is harmed on Earth nor in the heavens and He is the All-Seeing, The All-Knowing’.

**Once in the morning, evening and before going to bed:**

«اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي وَدُنْيَايَ، وَأَهْلِي وَمَالِي، اللَّهُمَّ اسْتَرْ عَوْرَاتِي، وَأَمِنْ رَوْعَاتِي، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيْ وَمِنْ خَلْفِي وَعَنْ يَمِينِي وَعَنْ شِمَالِي وَمِنْ قُوَّتِي وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحَنِّي»

‘O Allah, I ask You for pardon and well-being in this life and the next. O Allah, I ask You for pardon and well-being in my religious and worldly affairs, and my family and wealth. O Allah, veil my weaknesses and set at ease my dismay. O Allah preserve me from the front and from behind and on my right and on my left and from above, and I take refuge with You lest I be swallowed up by the earth’.

**Once in the morning:**

«أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ وَخَيْرَ مَا بَعْدَهُ وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذَا الْيَوْمِ وَشَرِّ مَا بَعْدَهُ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ، وَسَوْءِ الْكِبَرِ، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ»

‘We have reached the morning and at this very time unto Allah belongs all sovereignty, and all praise is for Allah, alone. There is no deity worthy of being worshipped except Allah. He has no partner and to Him belongs all sovereignty and praise and He is Omnipotent over all things. My Lord, I ask You for the good of this day [in the evening say: for the good of this night] and the good of what follows it, and I